

March 2026

Date	1 st High Tide		2 nd High Tide		1 st Low Tide		2 nd Low Tide	
	Time (Local)	Height (cm)	Time (Local)	Height (cm)	Time (Local)	Height (cm)	Time (Local)	Height (cm)
1	00:50	81	12:01	80	06:39	39	18:51	18
2	01:13	83	12:35	84	07:09	36	19:18	19
3	01:33	84	13:07	86	07:38	34	19:43	22
4	01:52	85	13:38	86	08:06	33	20:06	26
5	02:11	84	14:09	84	08:32	33	20:27	31
6	02:28	82	14:40	80	08:58	33	20:46	36
7	02:44	80	15:10	75	09:23	34	21:01	41
8	02:57	76	15:40	69	09:46	36	21:08	45
9	03:06	72	16:11	62	10:07	39	21:00	49
10	03:10	69	16:50	55	10:32	42	20:22	51
11	03:05	65	-	-	12:37	45	-	-
12	02:31	63	-	-	16:34	42	-	-
13	00:27	63	10:35	56	07:00	53	17:09	37
14	00:07	67	11:02	63	06:14	51	17:34	32
15	00:11	70	11:27	69	06:11	48	17:57	28
16	00:22	74	11:53	75	06:21	44	18:21	26
17	00:36	78	12:19	80	06:37	40	18:46	24
18	00:52	81	12:48	83	06:59	35	19:12	25
19	01:11	84	13:20	85	07:24	31	19:39	27
20	01:33	85	13:54	83	07:53	27	20:09	30
21	01:58	85	14:31	79	08:25	25	20:42	35
22	02:25	82	15:14	73	09:01	25	21:18	42
23	02:55	78	16:06	66	09:42	28	22:03	49
24	03:27	71	17:47	58	10:38	33	23:20	55
25	04:04	64	22:11	64	12:28	37	-	-
26	-	-	22:57	70	-	-	15:37	35
27	09:40	61	23:31	75	04:49	50	16:44	29
28	10:38	68	-	-	05:22	44	17:26	25
29	00:00	78	11:16	74	05:52	40	17:59	24
30	00:21	80	11:48	78	06:20	36	18:25	25
31	00:37	82	12:18	81	06:45	33	18:48	28

